

Lily Makes Friends- A Social Skills Story- Worksheets
by Patience Domowski, LCSW
JOIN IN

What are your interests?

What group could you Join In to meet new people?

What clubs or activities are available to you?

Who could you ask to play with you?

What group of kids could you try to join to play with or talk to?

Draw a picture of yourself joining a group of kids at recess, or
joining a new sport or program:

FIT IN

What are some situations where you aren't sure how to act sometimes?

How could you FIT IN better with others?

What are some things you need to do differently to be friendlier?

What are some mistakes you have made in social situations that you could do differently next time?

How can you show interest in other people's interests?

What do other people seem to like to talk about?

What's something you could ask someone to get to know them better?

INVITE IN

Who would you want to be friends with (that you aren't already friends with)?

Who would you like to have over to visit for a play date?

What could you do on a playdate?

Who do you need to ask for their email or phone number?

Who all could you invite to a party?

What could you do at the party?

How could you follow up to continue friendships with people?

What are some activities you might want to do with friends?

Tip Sheet for Parents from “Lily Makes Friends”
by Patience Domowski, LCSW

Parents:

- Encourage your kids to talk to others, join in recess games and activities, join clubs/sports, and invite others to play with them
- Support and suggest to your child to initiate and invite others to talk, play, and come over (or go out somewhere if the house isn't suitable).
- Point out to your child they should try to match their behavior to those in the room and show them how.
- Have your child watch others interacting and point out the good and problem behaviors.
- Review after a problem situation with your child on how to interact better next time.
- Role play before a situation on how to talk to someone, ask them to play, or invite someone to an event.

Lily Makes Friends is available on Amazon.com

More information on teaching social skills is available on the Blog page at
www.PatiencesBehaviorTherapy.com